



<https://www.civhc.org/programs-and-services/most-program/>



[MOST-Form-2018.pdf](#)

MOST Program Overview

The Medical Orders for Scope of Treatment (MOST) form is a 1-page, 2-sided document that consolidates and summarizes patient preferences for key life-sustaining treatments: CPR, medical interventions and artificially administered nutrition. The program was established by legislation (C.R.S. 18.7) in Colorado in 2010.

- The MOST decision-making process and resulting medical orders are intended for patients who are considered to be at risk for a life-threatening clinical event because they have a serious life-limiting medical condition, which may include advanced frailty.
- The MOST form is completed by a health care professional in conversation with a patient or authorized health care agent, then signed by the patient/agent and a physician, advanced practice nurse (APN), or physician's assistant (PA).
- The physician/APN/PA signature translates patient preferences into medical orders.
- The MOST form “travels” with the patient and must be honored in any setting: hospital, clinic, day surgery, long-term care facility, hospice, or at home. The original is often brightly colored for easy identification, but photocopies, faxes, and electronic scans are also valid.
- The MOST form is always voluntary. Per C.R.S. 15-18.7-108, a healthcare facility shall not require a person to have executed a MOST form as a condition of being admitted to, or receiving medical treatment from, the healthcare facility.
- The MOST form is endorsed as part of the National POLST Program. Please visit the National [POLST](#) website for details and program contacts.

The MOST program was previously hosted by the Colorado Advance Directives Consortium



(CADC). To read the host change announcement, click [here](#).

MOST Program and Resources

Forms:

- [MOST Form](#)
 - [10 Tips to Help Care Communities Use the MOST Form Correctly](#)
- [MOST Form – Spanish](#)
- [MOST Supplemental Review Form](#)

Other Resources:

- [Advance Directives Regulatory Requirements](#)
- [Acknowledgement of Advance Directives Notice](#)
- [Which Document Prevails – Graphic](#)
- [MOST e-Brochure](#)
- [MOST Video for Patients and Families – 10 min.](#) (DVD available upon request)
- [MOST Video for Health Care Professionals – 40 min.](#) (DVD available upon request)
- [FAQs](#)
- [Quality Indicator Toolkits](#) from National POLST for health care facilities