



Meet all dementia patients where THEY are.

**10 ABSOLUTES**  
**in Dementia Care**

1. Never **ARGUE**, instead **AGREE**
2. Never **REASON**, instead **DIVERT**
3. Never **SHAME**, instead **DISTRACT**
4. Never **LECTURE**, instead **REASSURE**
5. Never say "**REMEMBER**",  
instead **REMINISCE**
6. Never say "**I TOLD YOU**",  
instead **REPEAT/REGROUP**
7. Never say "**YOU CAN'T**".  
instead **DO WHAT THEY CAN**
8. Never **COMMAND/DEMAND**,  
instead **ASK/MODEL**
9. Never **CONDESCEND**,  
instead **ENCOURAGE/PRAISE**
10. Never **FORCE**, instead **REINFORCE**

Jo Huey, Alzheimer's Disease Help and Hope

<https://www.alzheimershope.com/10absolutes/six.php>