The five ethical principles are a set of guidelines that help individuals make ethical decisions in various fields, including medicine, law, and business. These principles are:

1. **Autonomy**: Respecting the rights of individuals to make their own decisions.
2. **Beneficence**: Doing good and promoting the well-being of others.
3. **Nonmaleficence**: Avoiding harm to others.
4. **Justice**: Being fair and treating people equally.
5. **Fidelity**: Keeping promises and being faithful to one's commitments.