



Inappropriate Use of Skeletal Muscle Relaxants in Geriatric Patients

Table 1

Key Differences Between Antispasmodic and Antispastic Agents

Drug Category	Mechanism of Action	Condition Treated	Disease States
Antispasmodics	Block nerves from signaling brain	Spasms secondary to peripheral musculoskeletal conditions	Injury, trauma
Antispastics/ spasmolytics	Block nerve signaling from spinal cord; act directly on skeletal muscle to relax spasm	Spasticity secondary to upper motor neuron lesions	Multiple sclerosis, spinal cord injury, stroke, cerebral palsy, infection

Source: References 8, 9, 12.

<https://www.uspharmacist.com/article/inappropriate-use-of-skeletal-muscle-relaxants-in-geriatric-patients>