





# 10 ABSOLUTES in Dementia Care

1. Never **ARGUE**, instead **AGREE**
2. Never **REASON**, instead **DIVERT**
3. Never **SHAME**, instead **DISTRACT**
4. Never **LECTURE**, instead **REASSURE**
5. Never say "**REMEMBER**",  
instead **REMINISCE**
6. Never say "**I TOLD YOU**",  
instead **REPEAT/REGROUP**
7. Never say "**YOU CAN'T**".  
instead **DO WHAT THEY CAN**
8. Never **COMMAND/DEMAND**,  
instead **ASK/MODEL**
9. Never **CONDESCEND**,  
instead **ENCOURAGE/PRAISE**
10. Never **FORCE**, instead **REINFORCE**



[Sexual Behaviors in Dementia](#)

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[Virtual Dementia Tour\(R\) - Second Wind Dreams](#)

## References:

- [Dementia Care for Professionals - Positive Approach to Care \(teepasnow.com\)](#)
- [Virtual Dementia Tour\(R\) - Second Wind Dreams - docShepherd](#)