



Docusate doesn't really work to prevent constipation.

- Docusate does not perform any better than placebo in studies.
- PEG, Senna should be our first line laxatives.
- Bisocodyl, MOM, fruits (kiwi powder, prunes), and possibly Psyllium are second line agents.
- Docusate should go away.

DS

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[NO-DOCUSATE-Efficacy_and_Safety_of_Over_the_Counter_Therapies.14Download](#)

[Randomized, double-blind, placebo-controlled trial of oral docusate in the management of constipation in hospice patients – PubMed](#)

Conclusion: There was no significant benefit of docusate plus sennosides compared with placebo plus sennosides in managing constipation in hospice patients. Docusate use should be considered on an individual basis.

[Successful de-implementation of an ineffective practice: The fall of docusate – The American Journal of Surgery](#)

Docusate has no efficacy yet is widely prescribed. A structured de-implementation strategy can drive systematic change by leveraging technology and applying multidisciplinary improvement efforts. Our work removed docusate from the inpatient formulary.