



<https://bcbpsd.ca/docs/part-1/Final%20Cohen%20Mansfield%20Inventory.pdf>

**Cohen-Mansfield Agitation Inventory (CMAI)<sup>1</sup> – Short**

**Instructions:** For each of the behaviours below, check the rating that indicates the average frequency of occurrence over the last 2 weeks.

	1- Never	2- Less than once a week	3- Once or twice a week	4- Several times a week	5- Once or twice a day	6- Several times a day	7- Several times an hour
<b>Physical/Aggressive</b>							
1. Hitting (including self)	1	2	3	4	5	6	7
2. Kicking	1	2	3	4	5	6	7
3. Grabbing onto people	1	2	3	4	5	6	7
4. Pushing	1	2	3	4	5	6	7
5. Throwing things	1	2	3	4	5	6	7
6. Biting	1	2	3	4	5	6	7
7. Scratching	1	2	3	4	5	6	7
8. Spitting	1	2	3	4	5	6	7
9. Hurting self or others	1	2	3	4	5	6	7
10. Tearing things or destroying property	1	2	3	4	5	6	7
11. Making physical sexual advances	1	2	3	4	5	6	7

<b>Physical/Non-Aggressive</b>							
12. Pace, aimless wandering	1	2	3	4	5	6	7
13. Inappropriate dress or disrobing	1	2	3	4	5	6	7
14. Trying to get to a different place	1	2	3	4	5	6	7
15. Intentional falling	1	2	3	4	5	6	7
16. Eating /drinking inappropriate substance	1	2	3	4	5	6	7
17. Handling things inappropriately	1	2	3	4	5	6	7
18. Hiding things	1	2	3	4	5	6	7
19. Hoarding things	1	2	3	4	5	6	7
20. Performing repetitive mannerisms	1	2	3	4	5	6	7
21. General restlessness	1	2	3	4	5	6	7

<b>Verbal/Aggressive</b>							
22. Screaming	1	2	3	4	5	6	7
23. Making verbal sexual advances	1	2	3	4	5	6	7
24. Cursing or verbal aggression	1	2	3	4	5	6	7

<b>Verbal/Non-aggressive</b>							
25. Repetitive sentences or questions	1	2	3	4	5	6	7
26. Strange noises (weird laughter or crying)	1	2	3	4	5	6	7
27. Complaining	1	2	3	4	5	6	7
28. Negativism	1	2	3	4	5	6	7
29. Constant unwarranted request for attention or help	1	2	3	4	5	6	7

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

<sup>1</sup> The use of this tool is strictly for clinical assessment and is restricted from use in any for-profit activities.