Pikes Peak Ethics Committee Meeting

- First Friday of every month at noon.
- Please consider bringing a case to the meeting. It's a great opportunity to discuss difficult cases with your peers in LTC, share experiences, and learn from each other.
- Email me if you would like to be added to our email list to receive the agenda and reminders about the meeting.
- https://zoom.us/j/97461641616?pwd=YPpJU1ZHMG3bTChSVxAcD9gb39qVaY.1

Osteoporosis Diagnosis

It is worth recognizing what a fragility fracture is and when we can document a fragility fracture.

Outbreak Reporting

Reporting requirements

- Facilities must report **suspected and confirmed outbreaks immediately** (within four hours of detection) by phone to the local public health agency (LPHA) or to CDPHE (303-692-2700; after hours 303-370-9395). After reporting by phone, facilities should complete the online outbreak information form to provide additional details (e.g., census, illness, testing, and outcome information).
- Individual healthcare providers, long-term care facilities, K-12 schools, and other non-laboratory reporters **no longer need to report individual COVID-19 test results.**

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What's new: response guidance for NF/ICF

- **All pathogens**
  - Revised outbreak resolution definition to include specimen collection date to calculate the minimum interval for outbreak closure (if last case was asymptomatic)
  - Modified/aligned guidance for staff work restrictions for illness or positive test
  - Modified/aligned guidance for source control duration
    - Staff returning to work after illness
    - Staff/residents following exposure

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What's new: response guidance for NF/ICF

- **COVID-19**
  - Removed required serial testing among residents/staff following exposure
  - Modified outbreak resolution definition
  - Removed work restriction for staff following exposure
  - Removed mention of admission testing at facility's discretion

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Summary of changes: NF/ICF

Guidance section	Nursing facility/intermediate care facility (NF/ICF)	
	Prior 2025-26 Guidance	Updated 2026-27 Guidance
Viral respiratory outbreak resolution/closure	COVID-19: Testing affected area(s) or facility-wide until no new cases for 14 days	COVID-19: 14 days have passed with no new cases since the symptom onset/specimen collection date of the last case of illness
Response: source control of RESIDENTS who were exposed to COVID-19, influenza, or respiratory syncytial virus, or RSV, and are asymptomatic	COVID-19: 10 days following last exposure. Influenza: 48 hours following last exposure. RSV: seven days following last exposure.	COVID-19, influenza, and RSV: residents should wear source control for five days following last exposure.
Response: source control of STAFF who were exposed to COVID-19, influenza, or RSV and are asymptomatic	COVID-19: 10 days following last exposure. Influenza/RSV: Not addressed	COVID-19, influenza, and RSV: staff should wear source control for five days following last exposure.

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Summary of changes: NF/ICF (2)

Guidance section	Nursing facility/intermediate care facility (NF/ICF)	
	Prior 2025-26 Guidance	Updated 2026-27 Guidance
Response: testing of residents/staff who were exposed to COVID-19, influenza, and RSV and are asymptomatic	COVID-19: testing is required. Influenza/RSV: not addressed	COVID-19, influenza, and RSV: testing residents/staff should be indicated by symptom presentation.
Response: work restrictions and source control for staff who are symptomatic or have tested positive	COVID-19: • Minimum of seven days with negative test prior to returning to work; otherwise minimum of 10 days; fever-free for at least 24 hours; other symptoms improving. • Longer if staff was severely ill or is immunocompromised. Influenza and RSV: • Fever-free for at least 24 hours and other symptoms are improving. • Consider wearing source control for the next five days.	COVID, influenza, RSV: staff with a suspected or confirmed infection should be restricted from work until: • At least **three** days have passed from symptom onset/specimen collection date, AND • Fever-free for at least 24 hours, AND • Symptoms improving, AND • Feel well enough to return to work. • After work restriction ends, staff should wear source control until at least the end of Day 7.

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Summary of changes: NF/ICF (3)

Guidance section	Nursing facility/intermediate care facility (NF/ICF)	
	Prior 2025-26 Guidance	Updated 2026-27 Guidance
Response: new admissions	COVID-19: admission testing for COVID-19 is at the facility's discretion.	No specific admission testing guidance.
Response: outbreak resolution/closure	COVID-19: testing affected area(s) or facility-wide until no new cases for 14 days.	COVID-19: 14 days have passed with no new COVID-19 cases since the symptom onset date/specimen collection date of the last case of illness.
General respiratory virus prevention strategies/additional resources	Updated/added links as necessary	
Response aids	Changes to the response aids checklist reflect the changes noted above.	

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ISOLATION requiured for 10 days

flu 7 days

rsv 8 days

Treatment recommendations: patients

Influenza
- Recommended for all, ideally within 48 hours of symptom onset
- Do not need to wait for laboratory results to begin

COVID-19
- Ideally as soon as possible, but within 5-7 days of symptom onset
- Anyone 65+
- Anyone who is unvaccinated/not up-to-date on recommended COVID-19 vaccinations
- Anyone with specific medical conditions
- Anyone with an immunocompromising condition or on immunosuppressive medications, such as chemotherapy

RSV
- Supportive therapy

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Chemoprophylaxis recommendations: patients

Influenza*
- All medically eligible, asymptomatic residents (regardless of whether they received an influenza vaccine).
- Residents who develop influenza-like illness while on prophylaxis should be switched to treatment doses of antiviral medications empirically if treatment is indicated.

COVID-19
- Anyone 65+
- Anyone who is unvaccinated/not up-to-date on recommended COVID-19 vaccinations
- Anyone with specific medical conditions
- Anyone with an immunocompromising condition or on immunosuppressive medications, such as chemotherapy

RSV
- Not available

*Influenza chemoprophylaxis may be considered for all employees regardless of vaccination status.

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Updates to viral respiratory outbreak guidance 2026-2027Download